PPE SET UP

GENERAL PRINCIPLES

Wear appropriate PPE

according to the type of transmission of the presumed or confirmed pathogen.



PROCEED to hand hygiene

Respect the friction time of 20 seconds.

Two options:

- Hand sanitizer
- Water and soap



PUT ON protective gown

Tie the strings around the neck and waist.



WEAR the mask

Two options:

Surgical Mask

- Place the ties around each ear
- Adjust the metal band situated on the nose
- Lower the bottom of the mask under the chin



- A Fit-Test is required for this type of mask
- Do a seal test once the mask is in place



PUT ON protective eyewear or face shield Put the protection over the eyebrows.

Two options:

- Ocular protection
- Face shield



PUT ON gloves

Cover the wrists and wear them over the protective gown.

PPE REMOVAL

GENERAL PRINCIPLES

- Remove PPE from the most soiled equipment to the least soiled
- Do not reuse PPE and dispose of it directly at the site of removal



REMOVE gloves

- Take the outer end close to the wrist and slide it down so the glove is inside out
- Insert the hand in the other glove and slide it down
- Dispose of it in the trash



PROCEED to hand hygiene

Respect the friction time of 20 seconds. Two options: • Hand sanitizer • Water and soap



REMOVE protective gown

- Until the strings around your neck and your waist
- Clear your neck and shoulders by turning the protective gown inside out
- Roll the protective gown into a ball
- Dispose in the trash or into the soiled laundry basket



PROCEED to hand hygiene

Respect the friction time of 20 seconds. Two options: • Hand sanitizer • Water and soap



REMOVE ocular protection or face shield

- Only touch the sticks, the sides or the
- Throw away if single use or clean and disinfect after each use



PROCEED to hand hygiene

Two options: • Hand sanitizer • Water and soap

Respect the friction time of 20 seconds.



REMOVE mask

Surgical Mask

- Remove the ties off the ears
- Discard in the trash

N-95 Mask

- Remove outside of the room
- Remove the bottom strap then the top one
- Discard in the trash



PROCEED to hand hygiene

Respect the friction time of 20 seconds.

Two options: • Hand sanitizer • Water and soap

Service de prévention et contrôle des infections, 2025

Centre intégré universitaire de santé et de services sociaux de la Capitale-Nationale Québec 🐱 🐱