

If you don't have a family doctor
or a nurse practitioner specialized in
primary care (IPSPL)

TEMPORARY FOLLOW-UP OF YOUR CHILD AFTER BIRTH



If you don't have a family doctor or an IPSPL, a **follow-up request** is completed by the **medical team** on duty at the moment of the birth or by the midwife and sent to the **Primary Care Access Point (GAP)**.

Depending on the availability of the various healthcare professionals, **the GAP will link up your newborn to:**

A nurse practitioner specialized in primary care in a CLSC or a Public specialized nurse practitioner clinics (Clinique d'IPS)

OR

A Family medicine group (FMG) that provides follow-up for infants 0 to 2 years old – collaboration between the doctor, IPSPL and nurse.

Periodic assessment of your child's development between 0 and 18 months and as needed.

IMPORTANT! Take note that this linking up is **TEMPORARY**, i.e., it will last only until your child is permanently registered with a family doctor or an IPSPL.

What is group registration?

Following the initial request made to the GAP, the Régie de l'assurance maladie du Québec (RAMQ) may assign a "group registration" to your infant. In such a case, **they remain without a regular family doctor, but this gives you access to the same team** for occasional consultation needs.

If this is the case for your infant, **you will be informed by mail**, a letter will be sent to you.

WHAT TO DO AND WHERE TO CONSULT



Register your child on the waiting list through the Québec Family Doctor Finder (GAMF)

As soon as you receive your child's health insurance card, register them with the GAMF so that they can eventually have a family doctor or an IPSPL on a permanent basis.

- Online at ciussscn.ca/sansmedecin
- By calling 418 821-7873 or 1 844 666-2727 (toll-free).

Book your infant's vaccination appointments according to schedule

Based on the [vaccination schedule](#), it is recommended to book an appointment for your child when they are 2 months, 4 months, 12 months, and 18 months. All vaccination appointments, as well as the 18-month development appointment (ABCdaire) take place only in a CLSC.

- Book an appointment online at clicsante.ca.

If your infant has an emergency health problem

Call 911 or go to the emergency room.

If your infant has a one-off, non-urgent health problem

Use the [Primary Care Access Point \(GAP\)](#):

- Fill in the [online questionnaire](#).
- Call 811, option 3, if you need help completing the questionnaire.

Call 811 (Info-Santé and Info-Social)

Different options are available to meet your needs :

The 811 Info-Santé (option 1)

- **Speak to a nurse.**
- Get an **appointment** if your child have **signs of respiratory infections or gastroenteritis**.

The 811 Info-Social (option 2)

- **Speak to a healthcare professional** about any **difficult situations** you are going through or concerns regarding your **mental health** or that of a loved one.