

# VACCINATION AGAINST THE SEASONAL FLU

AS OF NOVEMBER 1, 2021

**PORTNEUF REGION**  
**Vaccination by appointment ONLY**

As of October 12, 2021, make your appointment online at:

[www.clicsante.ca](http://www.clicsante.ca)

or by calling

418 651-2883 or

1 833 651-2883 (toll free).



## THE VACCINE IS OFFERED FREE OF CHARGE TO:

People at higher risk of complications due to their age or their health condition :

- People aged from 6 months to 74 years with a medical condition or a chronic disease.
- People aged 75 years and over.
- Children and teenagers (aged less than 6 months to 17 years) on a prolonged treatment with acetylsalicylic acid.
- Residents of all ages in residential and long-term care centers as well as intermediate resources.
- Pregnant women with a medical condition or a chronic disease (the vaccine can be given regardless of the stage of pregnancy).
- Healthy pregnant women who are in the second or third trimester of pregnancy (thirteen weeks and above).
- People living in remote or isolated communities.
- Travelers with a chronic illness or condition who will be traveling to an area where influenza viruses are circulating (tropics: year-round; southern hemisphere: April to September).

People at risk of transmitting influenza to people at higher risk of complications:

- People living in the same household as people at higher risk of complications (including children aged 0-6 months who cannot be vaccinated) and those who care for them at home (caregivers).
- Healthcare workers who have frequent contact with people at higher risk of complications. It is recommended to deploy vaccination efforts as a priority for those who provide direct care in hospitals and CHSLDs.

No paid vaccine is offered at vaccination clinics.

### DONNACONA

<b>Club de golf de Donnacona</b> 359, rue Notre-Dame		Tuesday – November 16	8:30 a.m. - 3:30 p.m.
		Wednesday – November 17	
		Saturday – December 11	8:30 a.m. - 3:30 p.m.

### SAINT-MARC-DES-CARRIÈRES

<b>Salle communautaire</b> 1770, boulevard Bona-Dussault		Tuesday – November 2	10:30 a.m. - 5:30 p.m.
		Wednesday – November 3	
		Thursday – November 11	
		Friday – November 12	8:30 a.m. - 3:30 p.m.
		Saturday – November 13	
		Wednesday – November 24	10:30 a.m. - 5:30 p.m.
		Thursday – November 25	
		Sunday – November 28	8:30 a.m. - 3:30 p.m.
		Monday – November 29	10:30 a.m. - 5:30 p.m.
		Sunday – December 5	8:30 a.m. - 3:30 p.m.
		Monday – December 6	10:30 a.m. - 5:30 p.m.
Tuesday – December 14			
Sunday – December 19	8:30 a.m. - 3:30 p.m.		
Monday – December 20	10:30 a.m. - 5:30 p.m.		

### PONT-ROUGE

<b>Club de golf Le Grand Portneuf</b> 2, route 365		Sunday – November 7	8:30 a.m. - 3:30 p.m.
		Monday – November 8	
		Thursday – November 18	
		Friday – November 19	
		Saturday – November 20	
		Sunday – November 21	
<b>Salle Marcel-Bédard</b> 189, rue Dupont (porte 14)		Monday – December 13	8:30 a.m. - 3:30 p.m.

### SAINT-RAYMOND

<b>Centre multifonctionnel Rolland-Dion</b> 160, place de l'Église		Tuesday – November 9	8:30 a.m. - 3:30 p.m.
		Wednesday – November 10	
		Sunday – December 12	8:30 a.m. - 3:30 p.m.

### SAINT-UBALDE

<b>Salle paroissiale</b> 429, rue Saint-Paul		Tuesday – November 23	8:30 a.m. - 3:30 p.m.
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All parking is free.

Accessible to people with reduced mobility

Note that sessions in January could be added as needed. Check our website regularly for details.

TO CONSULT THE SCHEDULE FOR VACCINATION SESSIONS, CONSULT OUR WEB SITE:  
[ciusscn.ca/fluseason](http://ciusscn.ca/fluseason).