# VACCINATION AGAINST THE SEASONAL FLU

## AS OF NOVEMBER 1, 2021

As of October 12, 2021, make your appointment online at:

www.clicsante.ca

or by calling 418 651-2883 or 1 833 651-2883 (toll free).



SAINT-HILARION		
Salle des loisirs 346, route 138	Wednesday – November 3 Thursday – November 4	10:30 a.m 5:30 p.m.
	Sunday – November 7	7:30 a.m 2:30 p.m.
	Wednesday – November 10 Thursday – November 11	10:30 a.m 5:30 p.m.
	Sunday – November 14	7:30 a.m 2:30 p.m.
	Wednesday – November 17 Thursday – November 18 Wednesday – November 24 Thursday – November 25	10:30 a.m 5:30 p.m.
	Sunday – November 28	7:30 a.m 2:30 p.m.
	Sunday – December 5 Sunday – December 12 Sunday – December 19	7:30 a.m 2:30 p.m.
L'ISLE-AUX-COUDRES		
Salle municipale	Sunday – November 21 Monday – November 22	9 a.m 3 p.m.

**CHARLEVOIX** 

REGION

Vaccination

by

appointment

ONLY

### THE VACCINE IS OFFERED FREE OF CHARGE TO:

People at higher risk of complications due to their age or their health condition :

- People aged from 6 months to 74 years with a medical condition or a chronic disease.
- People aged 75 years and over.
- Children and teenagers (aged less than 6 months to 17 years) on a prolonged treatment with acetylsalicylic acid.
- Residents of all ages in residential and long-term care centers as well as intermediate resources.
- Pregnant women with a medical condition or a chronic disease (the vaccine can be given regardless of the stage of pregnancy).
- Healthy pregnant women who are in the second or third trimester of pregnancy (thirteen weeks and above).
- People living in remote or isolated communities.
- Travelers with a chronic illness or condition who will be traveling to an area where influenza viruses are circulating (tropics: year-round; southern hemisphere: April to September).

## People at risk of transmitting influenza to people at higher risk of complications:

- People living in the same household as people at higher risk of complications (including children aged 0-6 months who cannot be vaccinated) and those who care for them at home (caregivers).
- Healthcare workers who have frequent contact

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Monday – November 8 Tuesday – November 9	9 a.m 3 p.m.		
BAIE-SAINTE-CATHERINE			
Monday – November 15	9 a.m 3 p.m.		
	Tuesday – November 9		

Tuesday – November 23

#### All parking is free.



(accessible aux personnes à mobilité réduite par

Note that sessions in January could be added as needed. Check our website regularly for details. with people at higher risk of complications. It is recommended to deploy vaccination efforts as a priority for those who provide direct care in hospitals and CHSLDs.

No paid vaccine is offered at vaccination clinics.

TO CONSULT THE SCHEDULE FOR VACCINATION SESSIONS, CONSULT OUR WEB SITE:

ciussscn.ca/fluseason.

Centre intégré universitaire de santé et de services sociaux de la Capitale-Nationale QUÉDEC & &