

VACCINATION AGAINST THE SEASONAL FLU



AS OF
NOVEMBER 1,
2021

QUÉBEC
PORTNEUF
CHARLEVOIX

**Vaccination
by
appointment
ONLY**



As of October 12, 2021,
make your appointment online at:

www.clicsante.ca

or by calling 418 651-2883
or 1 833 651-2883 (toll free).

**TO CONSULT THE SCHEDULE
FOR VACCINATION SESSIONS,
CONSULT OUR WEB SITE:
ciussscn.ca/fluseason.**

No paid vaccine is offered at vaccination clinics.

THE VACCINE IS OFFERED FREE OF CHARGE TO:

**People at higher risk of complications
due to their age or their health condition :**

- People aged from 6 months to 74 years with a medical condition or a chronic disease.
- People aged 75 years and over.
- Children and teenagers (aged less than 6 months to 17 years) on a prolonged treatment with acetylsalicylic acid.
- Residents of all ages in residential and long-term care centers as well as intermediate resources.
- Pregnant women with a medical condition or a chronic disease (the vaccine can be given regardless of the stage of pregnancy).
- Healthy pregnant women who are in the second or third trimester of pregnancy (thirteen weeks and above).
- People living in remote or isolated communities.
- Travelers with a chronic illness or condition who will be traveling to an area where influenza viruses are circulating (tropics: year-round; southern hemisphere: April to September).

**People at risk of transmitting influenza to people
at higher risk of complications:**

- People living in the same household as people at higher risk of complications (including children aged 0-6 months who cannot be vaccinated) and those who care for them at home (caregivers).
- Healthcare workers who have frequent contact with people at higher risk of complications. It is recommended to deploy vaccination efforts as a priority for those who provide direct care in hospitals and CHSLDs.

Centre intégré
universitaire de santé
et de services sociaux
de la Capitale-Nationale

Québec 