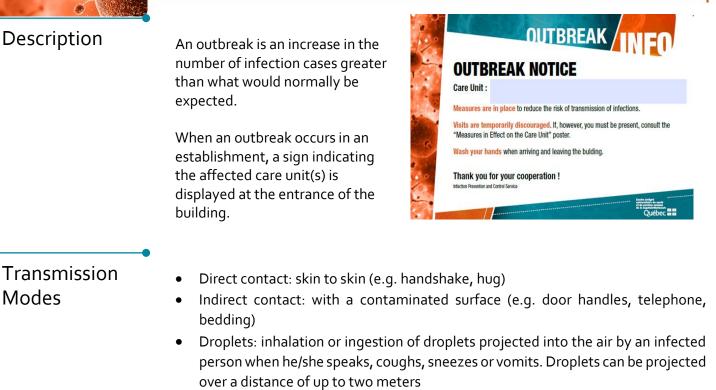


### Prévention et contrôle des infections Informations à l'intention des usagers et de leurs proches

# Outbreak



Infection prevention and control measures When a resident of a healthcare unit shows signs and symptoms of an infection, he/she must remain in his/her room during the contagion period. A sign is displayed at the entrance of the room indicating the measures in effect to prevent the transmission of the infection and the contamination of the environment. Certain microorganisms (e.g. bacteria and viruses) are contagious before the appearance of signs and symptoms. Preventive measures can be put in place for users who have been in contact with a symptomatic person.

When an outbreak occurs in a healthcare setting, additional measures are applied to limit the transmission of the infection. The decision to put in place or to remove outbreak control measures is the responsibility of the Prevention and infection control service. The assessment of the situation is done on a daily basis in collaboration with healthcare staff and managers.

Examples of measures taken are:

- Increased cleaning and disinfection of the environment
- Asking users to stay in the care unit







# Outbreak

• Restricting gatherings outside of the care unit and/or within the care unit (e.g. meals in communal dining rooms, group activities, spiritual services).

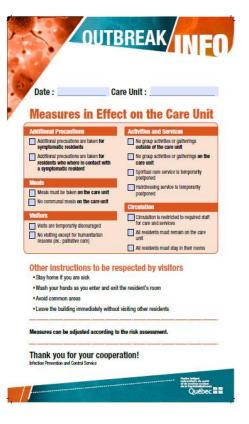
During gatherings, residents find themselves in close proximity to each other. Certain infections, such as influenza (flu) or gastroenteritis, can thus be more easily transmitted between residents.

#### What measures should visitors take during an outbreak?

In order to protect yourself and to reduce the risk of transmitting infections during an outbreak, we recommend that visitors postpone their visit.

If your visit cannot be postponed, you must:

- Perform hand hygiene upon entrance of the building AND upon entrance to the room
- Take note of the measures in effect presented on signs at the entrances of the unit(s) and apply them
- Refer to a nurse about whether to apply the measures displayed at the entrance of the room
- Perform hand hygiene when leaving the room
- Leave the building immediately without visiting other residents and avoiding common areas
- Perform hand hygiene when leaving the building



Avoid visiting if you are presenting signs and symptoms of contagious diseases (e.g. gastroenteritis, cold, flu).

## Notice

Outbreak control measures are intended to reduce the risk of infection transmission to more vulnerable residents. We understand that these measures require an adaptation for users and their families. Your collaboration is essential to ensure the quality and safety of care and services offered.

If necessary, details may be requested from the nurse on the care unit.

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